

WORK BASED LEARNING

TRAINEESHIPS ABROAD

•••

Information for Students







What is this all about?

You are about to take part in a traineeship at a company abroad. This is a unique opportunity for you to learn alongside someone other than your teacher, and learn in real life work conditions.

What can I get out of it?

You will get practical experience from a workplace abroad. At the same time, you will learn about a new culture and meet new people.

Knowing how a foreign company works, may give you a better understanding of a workplace in your own country and foreign colleagues you may get in the future. EU integration is a reality and this can show you, that you can work wherever you want in Europe.

In the end of your stay, you will receive a Certificate stating what you have learned. This will also prove to your future employers that you have practical experience from working in a different country, with guidance from a foreign employer, in a foreign language.

What is expected from me?

Be open and curious, accept that things are not as they are at home. Understand that the more dedication you show and the more effort you put into your work, the more experiences you can take home with you.

Accept that you may get tasks that seem simple or easy. Your workplace also needs to get to know you and your strengths and weaknesses before giving you more demanding tasks.

If you want more challenges, complete the tasks given to you before you kindly ask for more demanding work. Remember that even the smallest and most simple tasks can have a significant importance for the company.

Remember that the company spends time and efforts to receive and introduce you to the work. Show them gratitude and respect for this.

What should I NOT do?

Do not moan. If you are unhappy with something, talk with your teacher or the contact person from the company or intermediary organisation. They will guide you. And do not be late at work. Your new colleagues are counting on you.

Where can I get help?

If you need help to understand or complete a task, ask your new colleagues or the contact person at your company. They have agreed to receive you and have, therefore, also agreed to offer support. You can always ask your teacher or the contact person from C4G (intermediary organization).

What is Erasmus+?

Erasmus+ is an EU programme supporting mobility of students. Erasmus+ is paying a part of your travel and stay abroad. The programme offers many other possibilities for development and education for Europeans of all ages and in all sectors. You can read more by visiting:

www.ec.europa.eu/programmes/erasmus-plus.

What is C4G's role?

C4G is an intermediary organization that establishes the connection betwen schools and host companies, guaranteeing everything goes well and the objectives are reached. This process in turn, helps companies not to waste as much time in matters unrelated to their daily tasks, objectives and overall work.





consulting and training network

Tel: (+351) 214 342 871 Skype ID: tifnasc E-mail: eu@c4g.pt