

KA1s Erasmus Plus in Portugal

Have you ever wanted to live abroad and experience a foreign culture, meet new people and learn a foreign language?



Portugal is a great choice for your Erasmus



Portugal for work based learning – Erasmus+



Safe country



Great weather



Many companies to
host you

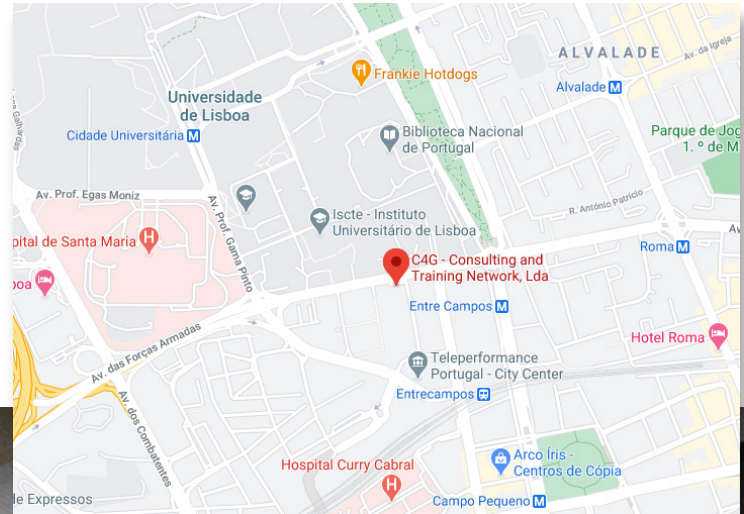


About Us

With consolidated experience over the years in the field of vocational training, education projects, C4G - Consulting and Training Network offers a wide range of programs for participants, both young people and adults, in many different professional sectors, improving their chances on the labor market.

The hosting activity is organized based on needs identified by organizations working with the Erasmus + program and Erasmus Placement. The C4G - Consulting and Training Network acts not only as a Coordination and sending organization, but also as an intermediary Partner and Organization Hosting, working on the different types of mobility projects under Key Action 1 of the Erasmus +: in field of Education and Training and Youth.

We give beneficiaries who wish to have work experience in Portugal, good opportunities to develop their skills, abilities and professional knowledge, because, since we are a leading company in training in the Lisbon area, we have established several partnerships with companies where we have great opportunities to find suitable work placements to young candidates.



C4G is specialized in project management having developed several european Projects in the last years
 Our PIC number is 932044386 our Erasmus ID number is E10060231

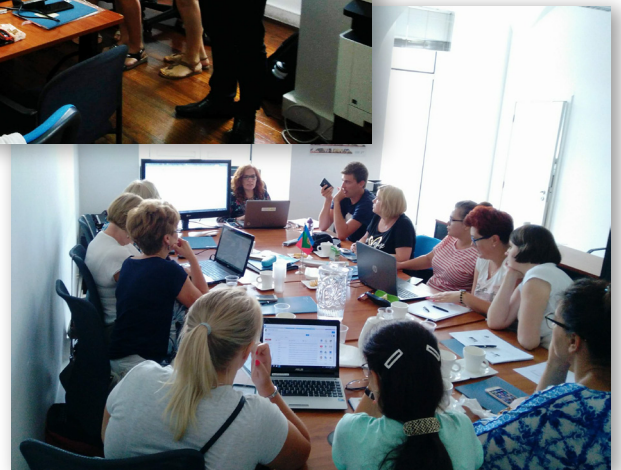
EU Programme	Year	Project identification of contract number	Name of the project	Coordinator
EASME – Erasmus for young entrepreneurs	2019	COS-EYE-2019-4-01	Erasmus for young Entrepreneurs	Europe institute
Erasmus+	2019	2018-1-TR01-KA202-058251	KA2 Caralvet	CIP
Erasmus+	2018	2018-2-RO01-KA205-049883	KA2 – ACBC.com	Directia Generala de Asistenta Sociala si Protectia Copilului Harghita
Erasmus+	2018	2018-1-DK01-KA202-047139	KA2 Q+	Intercollege
EASME – Erasmus for young entrepreneurs	2017	EIW2 - 785052 COS-EYE-2017-4-01	Erasmus for young Entrepreneurs	Europe institute
Erasmus+	2017	2017-1-ES01-KA102-037534	KA1 – CC Ceuta	Cámara de Comercio, Industria, Navegación y Servicios de Ceuta.
Erasmus+	2017	2017-3-IT03-KA205-012570	KA2 - Entee - Entrepreneurship	Polaris
Erasmus+	2017	2017-1-FI01-KA202-034750	KA2 – Swirl	Seinäjoen koulutuskuntayhtymä
Erasmus+	2017	2017-2-UK01-KA205-037097	KA2 – Social SME academy	BTF
Erasmus+	2017	2017-1-RO01-KA102-035895	KA1 Students	Asociatia O sansa pentru fiecare
Erasmus+	2016	2016-1-ES01-KA102-023675	KA1 Students	IES Suárez de Figueroa
Erasmus+	2016	2016-3-IT03-KA105-010123	KA1 Students	Associazione Let's Keep Learning Onlus
EACEA	2015	2015-3750/001-001	KA1	Younet

C4G is a training and intermediary organization for students in Erasmus+ with a big network of companies for work placements having hosted hundred of students from Spain, Italy, Poland and Romania

TEACHERTRAINING

C4G hosted and provided training for teachers in classroom innovation, inclusion, voice emission and soft skills

www.teacherstraining.eu





our services

for KA1 students and staff mobilities

- Receiving and hosting students and teachers
- Transfers
- Internships in our companies
- Transportation public transportation tickets for place of work
- Provide cultural visits and excursions to different places in Lisbon and Portugal
- Monitoring and supervision the interships



Main sectores where we do work placements in companies

Tourism

Travel agencies

Social sector

Elderly care

Business administration

Education

Agriculture

Architecture

Accounting

Floriculture

Food industry

IT and computers

Graphic and webdesign

C4G gives Training on average to 2000 trainees each year we are prepare to enhance your skills

During the stay in Lisbon, C4G may propose and organize local trips and guided visits to the monuments and historical places in different cities of Portugal.

These activities are organized to help participants to get to know and understand everyday life in the Portuguese culture. These are usually organized during weekends:

Look

A photograph of the Lisbon skyline at sunset. The sky is a mix of orange, yellow, and blue. In the foreground, the water of the Tagus River reflects the sky and the buildings. The most prominent feature is the Torre Vasco da Gama, a tall, modern tower with a curved, lattice-like structure. To its right, the city's buildings are silhouetted against the bright sky. The overall mood is serene and picturesque.

Do you know **LISBON?** and **Portugal?**

- Lisbon was Europe leading city break destination in 2019, 2013, 2010 and 2009
- Porto is Europe leading city break destination in 2020
- Portugal is the 3rd most safe country in the world after Iceland (1st) and New Zealand (2nd)
- Source: Global peace index 2020



Curiosity

Did you know Portugal is Europe's oldest country?

In 1139, Portugal appointed King Afonso Henriques as its king. Lisbon is said to be four centuries older than Rome. Due to its excellent trading location, the Phoenicians settled in Lisbon around 1200 BC.

Did you know the oldest bookstore in the world is in Portugal – Lisbon?

Book lovers will delight in a visit to Bertrand Bookstore in Lisbon's Chiado district. The book store was established in 1732. Its exterior façade is a spectacular display of mosaic tiles, worth admiring in their own right.

Did you know that Portugal holds the shortest and the longest reigning monarchs?

Henrique of Portugal was the king of Portugal for more than 73 years. Luis Filipe, on the other hand, was king for only 20 minutes.

Did you know Portugal is a top world surf spot?

It may not be Hawaii, but one of our favourite fun facts about Portugal is that it's 800km Atlantic coastline and temperate climate makes it a year-round surfing hotspot. Portugal also holds the giant waves in

Did you know that Cabo da Roca is the westernmost continental point in Europe? And Azores as an Island?

While Portugal is set on the edge of the Iberian peninsula in south-western Europe, its archipelago of the Azores in the Atlantic ocean officially holds the title of being the westernmost point of Europe. 30 minutes distance from Lisbon city centre you have Cabo da Roca the westernmost continental point in Europe

consulting
and training
network | **C4G**

**Avenida das Forças Armadas
Nº 51-A
1600-077 Lisboa**

Tel: (+351) 214 342 871

Email: tfnascimento@c4g.pt

Skype: [tfnasc](https://www.skype.com/people/tfnasc)

Phone Number and Whatsaap:

+351 964 014 585

www.c4g.pt